



Dru Yoga student teaching guidelines

When can I do my Interim Assessment?

Interim assessments usually take place starting from the middle of the course. To be eligible you will need to have attended all the teaching sessions (or attended 'Catch up sessions') to this point. Your tutors will discuss with you when you can take your Interim Assessment. Preparation for the assessment happen during the course.

Your tutor will send your details to the Dru Professional Network (DPN) after you have passed your Interim Assessment giving approval for you to begin teaching as a student teacher, charging for classes. The DPN Co-ordinator will invite you to join the DPN as a Student Teacher member and accept the Dru Yoga teacher student code of professional conduct. Membership is £45 per year for UK residents and there are many other benefits to membership apart from the insurance deal we have with Balens and advertising material. There is a reduction in price for those not resident in the UK.

Please do not book any rooms for teaching until you have your DPN Certificate and Insurance. The whole process can take up to a month after passing your interim assessment especially if forms are to be sent by post.

Obtaining student insurance

Insurance is essential before you start teaching. The DPN is able to provide you with a letter for insurance purposes for Balens or any other insurance company. We have an excellent Block insurance deal with Balens for UK residents, currently costing just over £20 for Student teachers.

To begin teaching you need to:

1. Pass your interim assessment
2. Join the DPN as a Student teacher Member
3. Obtain insurance

For those in working in allied and complimentary health industry, please contact your insurance company to add yoga as a modality to your schedule.

The Dru Yoga course is one of the highest calibre yoga qualifications in the nation and membership of the DPN is a guarantee to the public of your high teaching standard. This is why it is essential that you are part of the DPN if you are teaching, even as a student.

What you can teach as a student teacher

You may teach from books 1 - 4 at this stage (see section 9 of the Code of professional conduct.) As usual we would suggest you establish your own practice of particular asanas, sequences or pranayama for a few months before teaching them.

We recommend that you regularly discuss your proposed class plans with a qualified Dru Yoga teacher. Please ask your tutors who to contact if you do not have a teacher nearby. This is a valuable continuing journey of learning, and is also a wonderful opportunity to talk over other class management issues.

Advertising your classes

Dru Yoga is a trademark term, which is only to be used by DPN members.

As a student teacher and member of the DPN, you are able to advertise your classes provided you show that you are a student Dru Yoga teacher. You will receive access to the Members only area of the DPN website where you can download the student teacher logo (blue and maroon) and class flier templates specifically for student teachers. You may not use the orange Dru Registered Teacher logo until you have fully graduated from the Dru Yoga Teacher Training Course.

We wish you all the very best as you use this opportunity to continue to develop your teaching skills!